



**National
Multiple Sclerosis
Society**
Arizona Chapter

Presents a 2-day Professional Education Certification on Yoga & MS

A 21st Century Yoga Response to MS:

Moving beyond just asana to be in the world with an MS diagnosis

Date: Sat/Sun October 9 & 10, 2010

Time: 9:00 a.m. - 4:30 pm

Location: Nina Mason Pulliam Conference
Center in the Disability Empowerment Center
5025 E. Washington, Phoenix, AZ

CEU's: AZAPTA and Yoga Alliance ceu's
applied for 12.0 contact hours.

Tuition: \$180 (All proceeds go to the AZ MS Chapter because
Dr. Taylor is donating his time.)

Intended Audience: Yoga teachers, physical
therapists, licensed healthcare professionals.

Give Learn Share

The format of the workshop will be a fast-paced, fun mix of lecture instruction, case studies and lab experience. The second day will include volunteers with MS to demonstrate and practice teaching principles.

Emphasis will be on safety and appropriate employment of Yoga technologies (philosophy, postures, breathing, meditation, imagery and corrections) and how Yoga employs exciting new neuroscience breakthroughs.

Curriculum will include business development instruction in HIPAA compliant communications with the healthcare team, professional languaging and marketing to referral sources. The criteria for certificate will be 90% on post-test.

Your Instructor:

The course instructor will be Matthew J. Taylor, PT, PhD, RYT, a nationally known leader in integrative rehabilitation. He is the immediate past-president of the International Association of Yoga Therapists, a clinician, researcher, and textbook author on Yoga Therapeutics in Rehabilitation. Dr. Taylor owns a yoga-based rehabilitation clinic in Scottsdale. He first became acquainted with MS when his father could no longer catch his Little League curve ball due to optic neuritis as his father's presenting symptom. He has nearly 30 years of clinical experience and his doctoral work was grounded in Integral Yoga philosophy as it applies to modern change technology.

His curriculum vitae is available at www.matthewjtaylor.com.



For more information visit: www.azmsyoga.com

To register for the program contact Phil Carll at the Arizona Chapter at pcarll@aza.nmss.org or 480-968-2488, ext 222.